International conference for countering diabesity

in Gulf countries

"partnerships for change"

Scientific program / October 21-22-2015

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| **First Day 21/10/2015** | **Session (1) Health System Development** | | |
| **Chairman: Dr. Tarif Al-A'ma**  **Co-Chairman: Dr. Saud Al-Hasan** | | |
| **Time** | **Topic** | **Speaker** |
| 8.00 – 8.30 | Registration |  |
| 8.30 – 8.55 | The role HMC/GCC States in combating Diabesity challenges & achievement | Prof. Tawfik Khoja |
| 8.55 – 9.20 | Shaping the health system to meet diabesity challenges. | Prof. Salman Rawaf |
| 9.20 – 9.40 | Economic and social burden of diabetes, hypertension, dyslipidemia and obesity  (the case of Jordan) | Prof. Kamel Al-Jlouni |
| 9.40 – 10.00 | Building evidence based national strategy based on research outcome: results of survey of health information in KSA | Dr. Mohammed Omar Basulaiman |
| 9.45 – 10.00 | **Panel discussion** |  |
| 10.00 – 10.15 | **Coffee break** |  |
| **Session (2) Economic & Investment Challenges** | | |
| **Chairman:**  **Co-Chairman: Dr. Abdullah Al-Sharif** | | |
| **Time** | **Topic** | **Speaker** |
| 10.15 – 10.35 | Countering Diabesity in Gulf Countries. | Prof. Waris Qidwai |
| 10.35 – 10.55 | Diabetes a Real Economic Challenge to Saudi Arabia | Prof. Khalid Al-Rubeaan |
| 10.55 – 11.15 | Diabetes and Obesity, the challenge in Primary Health Care. | Dr. Rehab Al-Wotayan |
| 11.15 – 11.35 | (Needs & Challenges of investment) | Mr.Hamoud Al Rumayan |
| 11.35 – 11.55 | **Panel discussion** |  |
| 11.55 – 1.00 | **Prayer and Lunch** |  |
| **Session (3) Community Participation** | | |
| **Chairman: Dr. Mohammed Omar Basulaiman**  **Co-Chairman: Dr. Waleed Albedaiwi** | | |
| **Time** | **Topic** | **Speaker** |
| 1.00 – 1.20 | Building community partnership in health promotion (in Arabic) | Dr. Amal Al-Jowder |
| 1.20 – 1.40 | Towards innovation of patient education in obesity | Dr. Fatma Al-Abadi |
| 1.40 – 2.00 | Obesity and diabetes in people with special needs (in Arabic) | Princess Sameera Bint Abdullah Al-Faisal  Al-Saud |
| 2.00 – 2.20 | **Panel discussion** |  |

Parallel Sessions

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| **First Day 21/10/2015** | **Session (4) Life Style & Adolescent** | | | **Session (5) Teamwork & multidisciplinary approach** | | |
| **Chairman: Prof. Salman Rawaf**  **Co-Chairman: Dr. Khalid Al-Qumaizi** | | | **Chairman: Prof. Nabeel Al-Qurashi**  **Co-Chairman: Dr. Ali Al-Shehri** | | |
| **Time** | **Topic** | **Speaker** | **Time** | **Topic** | **Speaker** |
| 2.20 – 2.40 | The lifestyle of adolescent girls in Saudi Arabia and the Impact of Health promoting school program (HPS) | Dr. Suleiman Al-Shahri | 2.20 – 2.40 | Pharmaceutical care strategic planning for diabetes and obesity | Dr. Yousef Ahmad Alomi |
| 2.40 – 3.00 | Obesity and Lifestyle Habits as NCD Risk Factors among Saudi Youth | Prof. Hazzaa Bin Mohamed Al-Hazzaa | 2.40 – 3.00 | Retail pharmacist in diabetes education in KSA | Dr. Sarah Anwar Turkistani |
| 3.00 – 3.20 | Type 2 diabetes in children & adolescents | Dr. Mohammed Alharbi | 3.00 – 3.20 | Social media utilization and medical students activities in public health, step toward prevention from major national health problems | Dr. Mahmoud Abdulrahman |
| 3.20 – 3.40 | **Prayer** |  | 3.20 – 3.40 | **Prayer** |  |
| 3.40 – 4.00 | Evidence based obesity control program | Dr. Rajaa Al-Raddadi | 3.40 – 4.00 | Role of health insurance in health care and wellness | Dr. Abdullah Al-Shareef |
| 4.00 – 4.20 | **Panel discussion** |  | 4.00 – 4.20 | Diabetes & obesity in Gulf region, rising disease burden calls for changing the health care delivery model and Junnah platform as the vehicle for change | Prof. Abdulrahman Alnuaim |
|  |  |  | 4.20 – 4.30 | **Panel discussion** |  |
| 4.20 – 4.30 | **Closing Remarks** |  | 4.30 | **Closing Remarks** |  |

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| **Second Day 22/10/2015** | **Session (6) GCC Experience** | | |
| **Chairman: Prof. Khalid Abdurahman**  **Co-Chairman: Dr. Mohamed Al-Harbi** | | |
| **Time** | **Topic** | **Speaker** |
| 8.30 – 8.45 | Central diabetes clinic in Bahrain – A step in the right direction | Dr. Abeer A. Al-Saweer |
| 8.45 – 9.00 | Diabetes in Kuwait: challenges, Opportunities, and Solutions. | Prof. Azza Shaltout |
| 9.00 – 9.15 | Private sector role in Diabetes Prevention in the State of Qatar | Dr. Al-Anoud Bint Mohamed Al-Thani |
| 9.15 – 9.30 | Diabetes control in Saudi Arabia, where are we? | Dr. Yousef Al-Saleh |
| 9.30 – 9.45 | Levels and differentials of obesity and diabetes in 4 GCC countries: evidence from the World Health Surveys (WHO) | Prof. Mohamed M. Ali (EMRO) |
| 9.45 – 10.00 | Obesity Management Clinics in Primary Care System in Bahrain: Achievements and Challenges | Dr. Nadia Mohamed Gharib |
| 10.00 – 10.15 | **Panel discussion** |  |
| 10.15 – 10.30 | **Coffee break** |  |
| **Session (7) International Experience** | | |
| **Chairman: Prof. Waris Qidwai**  **Co-Chairman: Dr. Zohair Al-Ghorabi** | | |
| **Time** | **Topic** | **Speaker** |
| 10.30 – 10.45 | The type 2 diabetes epidemic – Pathophysiology, treatment and prevention | Prof. Henning Beck-Neilsen |
| 10.45 – 11.00 | Theory based Life-style Interventions for those at risk for type 2 diabetes:  Evidence from across countries. | Prof. Arja Riitta Aro |
| 11.00 – 11.15 | Obstacles in adopting recommendation of previous GCC diabesity symposium | Dr. Saud Al-Hasan |
| 11.15 – 11.35 | The Chronic Care Model and Diabetes Management: Jordan Experience | Dr. Mohamed Rasoul Al-Tarawneh |
| 11.35 – 11.55 | **Panel discussion** |  |
| 11.55 – 1.00 | **Prayer & Lunch** |  |
| **Session (8) Countering diabesity** | | |
| **Chairman: Dr. Bander Othman Al-Saleh**  **Co-Chairman: Dr. Al-Anoud Bint M. Al-Thani** | | |
| **Time** | **Topic** | **Speaker** |
| 1.00 – 1.20 | Dietary Management of Diabetes Mellitus | Dr. Khalid A. Al-Madani |
| 1.20 – 1.40 | (Empowering of the patient) | Mr. Hamoud Al Rumayan |
| 1.40 - 2.00 | Type II Diabetes Mellitus Care Quality Indicators at GCC Countries. | Dr. Waleed Albedaiwi |
| 2.00 – 2.20 | Public health strategies to compact DM and the burden of chronic diseases toward a national comprehensive evidence-based solution | Dr. Abdullah Khoja |
| 2.20 – 2.40 | Barriers to physical activity health education within activities chronic disease prevention (in Arabic) | Dr. Saleh Al-Ansari |
| 2.40 – 3.00 | **Panel discussion** |  |
| 3.00 – 3.30 | **Coffee break and Prayer** |  |
| **Recommendations and Final Remarks** | | |
| 3.30 – 3.50 | **Workshops Reflections** |  |
| 3.50 – 4.10 | **Symposium Recommendations** |  |
| 4.10 – 4.30 | **Closing Remarks** |  |